

When we were out and about in Ballymoney we met Registered Dental Nurse Katherine Robinson Getty and asked her...

My bag is from River Island and I bought it myself. I have quite a collection of bags gathered up and I would change it depending on what I'm wearing at the time. I tend to just buy one if I like it and it doesn't really matter about particular labels.

"In my bag I have some MAC make-up. I had my bridal make-up done with it and really liked it so I have continued to use it. I also have Urban Decay eye shadow which I really like. I would always carry my make-up with me although I wouldn't say I use a lot of it when I'm at work.

"I always have my perfume which is Chanel Coco Mademoiselle and is a favourite of mine.

"I always carry my i-phone which I couldn't do without; I'm a bit of an i-phone geek. I also use it for my music and that's why my husband bought me my Monster Heartbeats earphones designed by Lady Gaga. I'm training a lot at the moment to climb Ben Nevis in September for the Ulster Cancer Foundation and I listen to my music when I'm at the gym or running.

"I've always been into my fitness; but running is something I'm trying to get into more and more at the minute. The climb is great because it's such a challenge. I've done other mountains like the Mournes and I thought this would be a great opportunity to climb Ben Nevis and raise money for charity at the same time.

"I'm actually doing the climb

with the dentist I work with in the Causeway Dental practice - Orla McGuinness. When I said I was doing it, Orla then decided to join me. We work well together in the practice and it will be fun climbing Ben Nevis because we can keep each other motivated and train together. She's very much into her fitness as well so we are very like minded. We're always chatting about our training and how far we have run. (If anyone wants to contribute to Katherine and Orla's Ben Nevis climb they should get in touch with Causeway Dental 028 2766 3808).

"The other thing in my bag is a little black box for my braces. I wear Clearstep braces – in fact I'm wearing them in my photo and you can't see them, they are brilliant. I had a few teeth out of line and they annoyed me and that's why I chose to have the Clearstep brace fitted. That box stays with me all the time although my teeth are nearly perfect. We stock the brace in the practice and I can't recommend them enough if anyone is thinking about having their teeth straightened.

"Wearing a uniform for work means I don't have to worry about what I'm going to put on each day but when I get home I tend to be more casual, jeans and t-shirts. However, when I go out I do like to get dressed up. Topshop would be one of my favourite shops but I like picking up bits and pieces in different places. I would say that have my own style, I like to wear what suits me and style it up with different accessories."

WHAT'S IN YOUR BAG?

