

# Smiles Better

WITH DR. NUALA DEVLIN

Causeway Dental Practice, Ballymoney



## STRAIGHT TALKING



At Causeway dental we love to help patients to create their perfect smile. When people talk of 'cosmetic' smile enhancing dentistry to fix crooked teeth they can be put off treatment as they think it involves 'drilling' and injections! but this is not the case. At Causeway we like to promote minimal intervention dentistry...we want to improve your smile by moving and whitening teeth, not by cutting them away!! One way we can do this is by using braces. Not everyone wants to go down the route of fixed 'train track' braces, so what's the alternative?

We offer two types of clear braces at Causeway dental which are removable and discrete.

CLEARSTEP uses clear positioners to move

teeth. The positioners are wafer thin and made of a transparent plastic so speech is not affected. They are



designed so that you wear each positioner for approximately 2 weeks. Little by little they gently move your teeth from their present to desired position. Treatment on average takes between 12-18 months, the braces are worn at all time except for eating and drinking. For more info visit [www.clearstep.co.uk](http://www.clearstep.co.uk)

INMAN ALIGNER uses an appliance which is made of clear plastic which contains a spring or coil which moves or squeezes anterior teeth into position. It is more visible in the mouth and speech may be affected for the first few weeks. The main advantage of this

appliance is that treatment is much shorter, generally 6-16 weeks. Again it is worn at all times except when eating and drinking. For more info visit [www.inmanaligner.com](http://www.inmanaligner.com)

After any orthodontic treatment a retainer must then be worn at night to ensure that the teeth do not relapse which is usually the case with children after they've had fixed braces.

Our aim for non invasive dentistry at Causeway is Straighten, Whiten, Contour. Once the teeth have been straightened we can whiten them using ZOOM or Causeway professional whitening, any edges or rough fillings are then smoothed. The results are fantastic and patients are over the moon with their new smile!

For more info on Straighten, Whiten, Contour give our reception staff a call 02827663808

Don't forget to email with any questions, I look forward to hearing from you!